

Appendix A Summary of outputs from the Suicide Prevention (SP) Summit

1 Context for the Summary:

In the run up to the Pan Berkshire Suicide Prevention Summit on the 15th December 2022 and subsequently a range of inputs and outputs were identified. Partly this flowed from a survey conducted prior to the summit, with much additional content being contributed on the day.

2 Additional Engagement sessions

A key element of the Summit was curtailed when online break out rooms failed to function and, in their stead, a general point by point discussion was held with the attendees.

Whilst this was very helpful in capturing concerns and ideas it may be the case that some participants did not feel confident in contributing to the wider group discussion when a smaller working group environment would have been more conducive to their participation and engagement.

Given the technical challenges on the day a range of additional online opportunities to engage and shape the emerging Pan Berkshire Strategy are being offered to professional stakeholders and system leaders from January through the March 2023.

- Thursday 26th January from 15.00 to 16.00 [Click here to join the meeting](#)
- Thursday 2nd February from 12.00 - to 13.00 [Click here to join the meeting](#)
- Thursday 23rd February from 1730 to 18.30 [Click here to join the meeting](#)
- March 1st from 12.00 to 13.00 [Click here to join the meeting](#)
- March 16th from 12.00 to 13.00 [Click here to join the meeting](#)

In person events are being considered alongside these if Berkshire authorities, system partners and groups in local areas request them.

3 Feedback Surveys:

Additional feedback on the Summit and its outputs are being sought via two separate surveys -

- The Summit Evaluation Survey [Link to evaluation survey](#)
- The Draft Strategy Consultation Survey [Link to consultation survey](#)

4 The Outputs from the Summit

Prior to and during the summit there were clear consistent messages of support for the aims of both the Summit (to focus on Suicide Prevention in Berkshire and begin a conversation on the Strategy) and the draft strategy itself.

Specific support requests aired at the summit - despite the technical issues mentioned above- have helped confirm the overall direction of travel for the Pan Berkshire SP works.

- Reasserted value of Pan Berkshire Partnership -
- The Summit delivered and Initial Positive response to:
 - reforming the structure for the Partnership
 - High level outline of the Strategy and likely items/focus for the workplan
 - Suggested outline and balance of National/Regional/Local works

- Prevention Concordat/Suicide Specific Pledge for Pan Berkshire Works
- Strong messages re Diversity and Inclusion - SP must be for **all groups and communities/characteristics and local area priorities**

5 Calls for support

In addition to the inputs from the Summit preliminary mapping of calls for support from local system partners across local authorities, the NHS and Voluntary and Community Sector partners have included calls for additional support from a Pan Berkshire level for:

- Support for Local Action Planning
- Whole-systems approach to Suicide Prevention
- CYP facing works
- Communications and Training and Evidence based approaches to SH and SP
- Systematic approaches to postvention in the community
- RTSS Data and insights and actioning works that flow from it
- Domestic Abuse (incl adolescents) - mental health understanding & responses; routine enquiry
- Bite size learning sessions to upskill practitioners to support 'lower level' mental health needs whilst awaiting referrals / access to mental health services (particularly CAMHS)
- Links with local CSPs and other groups
- Consideration of impact on all family members
- Reflective practice sessions to share understanding access expert input
- Cost of living - Including CYP
- Providing Naloxone and related training to Thames Valley Police

These calls for support, alongside the insights and ideas that are gathered via the consultation surveys and engagement opportunities will inform the key areas of delivery and support provided by the Pan Berkshire Partnership and help shape and agree the focus alongside the works underway with Berkshire Health and Wellbeing Boards to finalise and agree the pan Berkshire Suicide Prevention Strategy.